



# FIGURE SKATING POWER-EDGE CLASS

## Class Schedule & Registration SPRING II & SUMMER 2019

### FIGURE SKATING POWER EDGE CLASS

The Elite Competition Class is designed to provide figure skaters with an all-inclusive training experience, combining off-ice conditioning and jumping techniques, on-ice power, instruction on the proper way to warm up, program and performance development, skating etiquette, and rules of competition.

**25min On Ice**

**Sundays**

**10:45-11:10am**

### PREREQUISITE

Skaters who are currently in or above ISI Alpha level, USFS Freeskate 1 or have instructor permission.



## BUFFONE ARENA

284 Lake Ave , Worcester, MA 01604

1-888-74-SKATE (Toll Free) 1-508-799-0910 (Arena)

[www.fmcicesports.com](http://www.fmcicesports.com)



# POWER/EDGE CLASS

## Registration Form 2019 Spring II & Summer

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SEASON	DAY	TIME	DATES	COST	✓
Spring II	Sun	10:45-11:10am	5/5-6/23	\$89	
Summer	Sun	10:45-11:10am	6/30-8/18	\$89	

Form(s) must be completed in full by a parent or guardian and returned to your skating instructor. Incomplete forms will not be processed. One form per skater. Please see your Program Coordinator with any questions.

Skater's Full Name: \_\_\_\_\_ Level: \_\_\_\_\_

Gender: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Emergency Number: \_\_\_\_\_

Parent / Guardian Full Name: \_\_\_\_\_

Email: \_\_\_\_\_

Check / Money Order enclosed made payable to "FMC Ice Sports"

Check amount \$ \_\_\_\_\_ Check number: \_\_\_\_\_

**WAIVER:** I, the undersigned, do hereby acknowledge that myself or my child, by participating in the Power/Edge Class, may be exposed to risk of injury that is inherent in ice skating programs. I hereby acknowledge that Facility Management Corporation and the FMC staff are not responsible for any damage or injuries that result from their participation in this program.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**FMC Ice Sports • 100 Schoosett Street Building 3 • Pembroke, MA 02359**

**[www.fmcicesports.com](http://www.fmcicesports.com) • 1-888-74-SKATE**