



HOCKEY EQUIPMENT GUIDE

Required Equipment

- HECC-approved hockey helmet with facemask
- Jock (or Jill for girls)
- Shoulder pads
- Elbow pads
- Hockey pants
- Knee pads
- Hockey skates
- Hockey gloves
- Hockey stick (no plastic or street hockey sticks)

Other recommended accessories

- Hockey bag
- Skate guards
- Water Bottle
- Stick tape
- Shin pad tape
- Hockey socks
- Jersey for practice
- Mouth Guard
- Neck Guard

How to Dress Your Youth Hockey Player: <https://youtu.be/fvefXKMi3cU>

