



POWER/EDGE CLASS

**A CLASS FOR COMPETITIVE
HOCKEY & FIGURE SKATERS**

POWER/EDGE CLASS

Take your skating to the next level! This 50 minute on ice conditioning class will strengthen stroking technique, power, flow and control. FMC instructors will focus on the overall skating development of participants utilizing proper edge quality, balance, speed, and agility.

PREREQUISITE

Participants must at least play on a Mites level team and higher or an active member of the FMC Figure Skating Club.

Walk-ons welcome: \$20.00



WILLIAM L. CHASE ARENA

35 Windsor Avenue, Natick, MA 01760
1-888-74-SKATE (Toll Free) 1-508-655-1013 (Arena)
www.fmcicesports.com

POWER/EDGE CLASS Registration Form

William L. Chase Arena
35 Windsor Avenue, Natick, MA 01760
1-888-74-SKATE (Toll Free) 1-508-655-1013 (Arena)
www.fmcicesports.com

SPRING II 2019						
PROGRAM	DAY	TIME	DATES	WKS	COST	✓
Power/Edge	Thu	5:10-6:00pm	5/2-6/20	8	\$139	

Skater's Full Name: _____ Level: _____

Gender: _____ Age: _____

Address: _____ City/Zip: _____

Phone Number: _____ Emergency Number: _____

Parent / Guardian Full Name: _____

Email: _____

Check / Money Order enclosed made payable to "FMC Ice Sports"

Check amount \$ _____ Check number: _____

WAIVER: I, the undersigned, do hereby acknowledge that my child, by participating in the Power/Edge Class, may be exposed to risk of injury that is inherent in ice skating programs. I hereby acknowledge that Facility Management Corporation and the FMC staff are not responsible for any damage or injuries that result from their participation in this program.

Parent/Guardian Signature

Date